



GREEN MOUNTAIN

BASKETBALL

"Discipline yourself and others won't need to."
-John Wooden

Overall Philosophy

You are expected to conduct yourself in a manner that reflects positively on you as an individual, and on our program as a whole, both on and off the court. Anything less will not be tolerated.

General Expectations

1. Represent the program with class at all times. Never do anything that will embarrass yourself, your family, your teammates, your coaches or Green Mountain High School. The image you project is most important.
2. Be at all practices and meetings, and be **punctual**.
3. We need to support each other at all levels whenever possible. When we ride the bus (round trip) to a game together, we need to ride it home together. When we have a one-way bus, we would like the support of the entire program at the varsity game but it is not mandatory.
 - a. We ask that lower level players stay for the HOME varsity games.
4. Dress and groom neatly:
 - a. On-the-court- policy...Only issued equipment can be worn on the court during games and practices—this includes shoes, game socks and jerseys.
 - b. Classroom policy...Dress to represent Ram Basketball in the manner in which we want to be represented. Many people take association with our program very seriously, and we need to make every effort to ensure that these people are proud to associate with us— **LOOK PRESENTABLE**
 - c. Game Policy...We need to look sharp on game days. Dress slacks, ties, dress shirt, and dress shoes are mandatory for all levels. You need to wear your slacks, dress shirt, tie, and **DRESS** shoes **BOTH** to school and to the games.
5. Be gentleman and role models at all times—there are always eyes watching.
6. Communication is crucial! Please respond to emails/texts from coaches/players in a timely manner. Most of our staff is out of the building and we need to be able to relay information last minute if needed

Program Expectations

Here at Green Mountain, we are continuing a tradition of excellence in academics and athletics. We will uphold these standards and expect players to do the same. Our staff wants to promote a first class program characterized by consistency, hard work, and discipline. The philosophy of the coaching staff is for the players to take responsibility for the success of the program. They are expected to advocate for themselves.

1. Grades:

- All athletes are expected to be passing all their classes.
- School work will not excuse a player from practice. A big part of being a student/athlete is to balance and budget time for both homework and practice. If a player needs to make up a test, lab, oral assignment, etc. they should arrange to do so with their teachers at a time outside of practice.
- Missing practice to do homework will effect playing time.
- CHSAA rules state that a student/athlete is ineligible when they have 2 F's during an eligibility check. In our program, 2 D's equals an F.
 - Eligibility is pulled each Thursday and the student/athlete has until Friday (the next day) to get a note from the teacher that the grade is changed.
 - Failure to present the note will result in the athlete being ineligible from gameplay for a week.
 - Players are still expected to attend all team functions
- Players are expected to be in class. Any unexcused absences, tardies, and missing assignments will result in extra conditioning. If the problem persists, the players playing time will be affected.

2. Jefferson County/Green Mountain Boys Basketball Policies

- a. Violation of school and county policies related to drugs, alcohol, and tobacco will be strictly enforced.
 - First violation will result in a 2 game suspension and a mandatory drug/alcohol class (registration and payment of class is the responsibility of the athlete)
 - Student/Athlete is still responsible to attend practices and games
 - Second violation will result in a 4 game suspension and a mandatory drug/alcohol class (registration and payment of class is the responsibility of the athlete)
 - Third violation will result in a ban from all athletics for a calendar year

3. Practice

- Practice time is crucial. Please schedule appointments outside of the scheduled practice time.
- Unexcused practices will not be tolerated. Each unexcused practice will result...
 - 1st unexcused absence—1 game suspension and meeting with coach
 - 2nd unexcused absence—exit from the team.
- Excused absences happen but cannot be reoccurring.
 - 24 hour notice

- **Playing time will be affected due to missing crucial practice time**
- **CHASA non-contact dates are December 24th – 27th and January 1st. We will ALWAYS scrimmage and practice the Monday, Tuesday, and Wednesday of Thanksgiving break. Vacations should be planned around these dates. These are official practices and playing time will be affected if you miss these practices.**
- **If a player is sick or hurt and cannot practice, the player should notify the coach before practice. The player is still expected to be at practice off to the side watching and learning UNLESS they were absent from school.**
 - **Upon the players return, playing time may not be back to what it was before the injury or illness.**
- **In a family emergency situation, the player should contact the coach immediately. We understand that emergencies happen.**
- **Missing practice for outside club activities (club soccer, club basketball, etc.) will not be tolerated. Please reconsider your decision to play basketball if you are planning on missing practices/games for an outside club activity**

4. Playing Time:

- **Playing time cannot be an issue.**
- **Players and parents need to selflessly be a part of the program. If your support of the program is based on the amount of playing time, please reconsider. Do not take playing time decisions personally. Coaches will make their decisions based on performance in practice, player attitude, game situation and intuition.**
- **This is high school basketball. Playing time will not be equal and everything will be earned. We want to win at every level and will play the players who will put us in the best situation to do that. PRACTICE is the place to earn playing time.**

5. Bench Expectations:

- **Players are expected to stay involved in the game while on the bench. It is essential that the athlete knows what is going on during the game so when their number is called, they will know what is expected.**
- **Players are to support their teammates at all times while on the bench.**
 - **Standing ovation for ALL charges, 5 second and 10 second counts.**
 - **Standing ovation with a “high five” for all substitutions**
 - **Be excited for each other’s accomplishments**
 - **Be supportive of each other’s failures**
- **Please keep the first two chairs open for coaches to talk to subbed players**
- **Suiting players need to help out the managers with water during timeouts**

6. Sportsmanship for players and parents:

- **Players will display good and appropriate behavior both on and off the court. Poor behavior will effect playing time.**
- **Technical fouls will result in immediate removal from the game, possible loss of playing time and/or suspension.**
- **It is sincerely requested that parents do not make inappropriate comments to officials, players and coaches. THANK YOU.**

7. Communication Pathway

- **If a problem arises, please follow the communication pathway.**
 - **The PLAYER can bring the concern to the coach directly involved. If the problem has not been solved then a meeting can be scheduled with the player, parent, and coaching staff. Please do not bring up the issues prior to or following a game. Instead, make an appointment by phone with the coach to discuss your questions or concerns. If the problem is still not resolved, then a phone call to the athletic director can be made.**
 - **Anonymous emails and phone calls to any coach or to administration will be discarded without recognition**

8. Equipment and Uniforms:

- **New uniforms are nice for players to have but it comes at a great expense. These uniforms might need to last 6-10 years in the program and the players are responsible for taking good care of them. If they are lost, stolen, or damaged, the players will need to pay for the cost of replacing them. Do not bleach, iron, or heavily dry the jerseys/equipment!**
- **Below is a list of replacement costs for each item:**
 - **Game jersey--\$160.00**
 - **Game shorts--\$160.00**
 - **Varsity warm-up top \$160.00**
 - **Varsity warm-up bottom \$160.00**
 - **Warm-up top--\$70.00**
 - **Travel bag--\$70.00**
 - **Sweater vest--\$60.00**



GREEN MOUNTAIN

BASKETBALL

Both the athlete and the parent must sign the following acknowledging having read and understood the policies of the Green Mountain Boys Basketball Program. Return the signed form to your level coach no later than November 19th.

Player Name Printed

Player Signature

date

Parent Name Printed

Parent Signature

date